



# **Miller Rustlers Activities Handbook 2022-23**

Athletic Director: Joshua Haaland

Revised: May 5<sup>th</sup>, 2022

## **To Student-Athletes and Parents:**

The Miller School District believes that student engagement and participation in school sponsored activities is vital to the success of our school and our community. We expect all involvement within these activities be respectful and positive, whether it be from a participant, parent, or fan.

The Miller Rustlers athletic and co-curricular programs provide an opportunity to our students to learn, refine, and display talents and skills outside of the classroom, and amongst other participants with common goals. Participation in school sponsored events is a privilege and is dependent on your ability to follow the guidelines that are outlined in the Miller Activities Handbook. It is the responsibility of the participants and parents to read, understand, and follow the included policies. If you do not understand any of these policies, please feel free to contact the Athletic Director for further explanation or discussion.

The athletic and co-curricular programs and their coaches/advisors are dedicated to building a stronger sense of school and community through opportunities with each student. They believe not only should a participant be taught skills related to their activity, but also develop skills pertinent to all facets of life through guidance and leadership. The Miller athletic & co-curricular programs strong support the developing of these skills such as:

1. Respect
  - Students will learn to treat others in a way that shows regard for their feelings, wishes, rights, and traditions.
2. Work Ethic
  - Students will learn to accept challenges and work to overcome them.
3. Discipline
  - Students will learn to follow rules and accept responsibility when they deviate from the rules.
4. Academic Achievement
  - Students will understand academic responsibility comes first at all times. You cannot be a student-athlete without being a student first.
5. Goal Setting
  - Students will learn the value of setting goals and how to set goals that are achievable.
6. Sportsmanship
  - Students will learn how to be a good sport and teammate by respecting other players, coaches, officials, and authority figures.
7. Teamwork
  - Students will learn how to accept a role as a member of a larger group with common goals.
8. Community
  - Students will learn what it takes to be a beneficial member of a community on and off of the competition floor.

Thank you for your participation in our Miller Rustler athletic and co-curricular programs. Together we can create an atmosphere of enjoyment and success for the students, families, and community members here in Miller. Good luck with your seasons, Go Rustlers!

**Sincerely,**

**Joshua Haaland**

**Athletic Director**

## Mission Statement

**“Our mission as a learning community is to prepare our students for the future by engaging them in their academic, artistic, physical, and social development”**

### Miller Rustlers Coaching Staff 2022-2023 School Year

Athletic Director: Joshua Haaland

#### Fall Sports:

- **Cross Country**
  - o Tom McGough – Head Coach
  - o TBD – Assistant Coach
- **Football**
  - o Travis Heasley – Head Coach
  - o Travis Foreman – Assistant Coach
  - o Clay Knox – Assistant Coach
  - o TBD – Assistant Coach
  - o Ryan Engle – Junior High Coach
  - o TBD – Junior High
- **Volleyball**
  - o Linda DeBoer – Head Coach
  - o Stephanie Edwards – Assistant Coach
  - o TBD – Assistant Coach
  - o Shae Knox – Junior High
  - o TBD – Junior High

#### Winter Sports:

- **Boy’s Basketball**
  - o Joshua Haaland – Head Coach
  - o TBD – Assistant Coach
  - o TBD – Junior High Coach
  - o TBD – Junior High Coach
- **Girl’s Basketball**
  - o Trey Tiefenthaler – Head Coach
  - o TBD – Assistant Coach
  - o Mark Ketelhut – Junior High
  - o TBD – Junior High

#### - Wrestling

- o Ryan Resel – Head Coach
- o Ryan Engle – Assistant Coach
- o Keevan Long – Assistant Coach
- o Jackson Brueggeman – Assistant Coach

#### Spring Sports:

- **Golf**
  - o Karren Rogers – Head Coach
  - o Ryan Engle – Assistant Coach
- **Track & Field**
  - o Tom McGough – Head Coach
  - o Trey Tiefenthaler – Assistant Coach
  - o Carter Kindle – Assistant Coach
  - o Shae Knox – Assistant Coach
  - o Mark Ketelhut – Junior High
  - o Terice Ketelhut – Junior High

#### Cheer Advisors:

- **Football**
  - o Sierra McCloud
- **Basketball**
  - o TBD

#### Administration:

- **Superintendent** – Eric Norden
- **7-12 Principal** – Steve Schumacher
- **K-6 Principal** – Jennifer Boomsma-Kelsey

# Conferences, Sport Offerings, and SDHSAA Season Start Dates

## Big Dakota Conference

Miller School District is a member of the Big Dakota Conference for the sports of volleyball, boys and girls cross country, wrestling, boys and girls basketball, boys and girls track and field, and girls golf. Member schools of the Big Dakota Conference include: Chamberlain, Cheyenne-Eagle Butte, Crow Creek, Miller, Winner, Mobridge-Pollock, Stanley County, Todd County, and McLaughlin.

The Big Dakota Conference hosts annual tournaments/competitions for volleyball, cross country, wrestling, track and field, and golf. Basketball does not have a conference tournament but has annual voting to recognize all conference players. Sites and dates of this year's conference events are:

**Cross Country Meet – Thursday, September 15<sup>th</sup> – Chamberlain – 2:30pm**  
**Volleyball Tournament – Saturday, September 17<sup>th</sup> – Stanley County – 10:00am**  
**Wrestling Tournament – Saturday, February 5<sup>th</sup> – Stanley County – 10:00am**  
**Track Meet – Tuesday, April 18<sup>th</sup> – Crow Creek – 11:30am/1:00pm**  
**Girl's Golf Meet – Thursday, April 20<sup>th</sup> – Winner – 10:00am**

## Central South Dakota Conference

Miller School District is also a member of the Central South Dakota Conference for the sports of volleyball, boys and girls cross country, boys and girls golf, and boys and girls track and field. Members of the Central South Dakota Conference include: Faulkton, Highmore/Harrold, Miller, Mobridge-Pollock, Potter County, Sully Buttes, Sunshine Bible Academy, and Wolsey/Wessington.

The Central South Dakota Conference hosts annual tournaments/competitions for volleyball, cross country, track and field, and golf. Sites and dates of this year's conference events are:

**Volleyball Tournament – Saturday, September 24<sup>th</sup> – Wolsey – 10:00am**  
**Cross Country Meet – Wednesday, October 5<sup>th</sup> – Gettysburg – 1:00pm**  
**Boys & Girls Golf Meet – Thursday, May 11<sup>th</sup> – Faulkton – 10:00am**  
**Boys & Girls Track Meet – Saturday, May 13<sup>th</sup> – Miller – 10:00am/12:30pm**

## Southeast South Dakota Conference

Miller School District is also a member of the Southeast South Dakota Conference for the sport of football. The Southeast South Dakota Conference members are: (to be entered once information is provided)

**\*Conference events are subject to change locations and times based on agreements between conference schools. Such changes will be notified to the school immediately\***

## **Season Start Dates**

The South Dakota High School Activities Association sets the dates for the start of all sports programs.

### **Fall Sports**

The starting date for the 2022 fall sports are:

Football.....	Thursday, August 4 <sup>th</sup>
Cross Country.....	Thursday, August 11 <sup>th</sup>
Volleyball.....	Thursday, August 11 <sup>th</sup>

### **Winter Sports**

The starting date for the 2022-23 winter sports are:

Wrestling.....	Monday, November 14 <sup>th</sup>
Girls Basketball.....	Monday, November 21 <sup>st</sup>
Boys Basketball.....	Monday November 28 <sup>th</sup>

### **Spring Sports**

The starting date for the 2023 spring sports are:

Track & Field.....	Monday, February 27 <sup>th</sup>
Golf.....	Monday, March 27 <sup>th</sup>

### **Junior High Sports**

Junior high sports starting and ending dates are not dictated by the South Dakota High School Athletic Association. The Miller School District and its administration and coaches will determine the starting and ending points of each junior high sports season.

## **Athletic Lettering Requirements**

Definite policies for winning major awards are established for each sport. These will be available to all squad members at the start of the season. One major award, a “sport letter”, will be given when an athlete has met the qualifications as a varsity team letter winner. Repeat letter winners will receive bars after they have the initial emblem and bar for the sport.

**The following Miller lettering policies applies as listed below for fall sports:**

- **Cross Country:** Compete in at least 3 varsity meets during the year (weather pending)
- **Football:** Play in 3 regular season varsity games
- **Volleyball:** Make the varsity team and complete the season in good standing
- **Sideline Cheer:** Compete at games and complete the season in good standing

**The following Miller lettering policies applies as listed below for winter/spring sports:**

- **Boys Basketball:** Compete in 20 or more quarters of varsity play OR varsity team qualifies for SoDak 16 (all members of the varsity team will letter)
- **Girls Basketball:** Compete in 20 or more quarters of varsity play, at the coaches discretion, OR varsity team qualifies for SoDak 16 (all members of the varsity team will letter)
- **Wrestling:** 6 varsity wins, 18 varsity team points scored, or qualify for the state tournament
- **Golf:** Compete in at least 2 varsity meets during the year (weather pending)
- **Track & Field:** Compete in at least 2 varsity meets during the year (weather pending)

**The following Miller lettering policies applies as listed below for academic lettering:**

- **High School** – Academic letters (M) will be awarded each semester to high school students who have achieved a GPA of 3.5 or better
- **Junior High** – Medals will be given using the same criteria above

# Academic Eligibility Policy

## Academic Eligibility Policy

The Miller School District has very high expectations of our student-athletes. We believe that it is a privilege to participate in our extra-curricular activities. If the student-athlete does not maintain a minimum level of academic standing, he/she will not be able to participate in these activities.

Every participant shall have all passing grades starting approximately 3 weeks after the start of a new quarter, through the completion of a grade reporting period. A passing grade consists of grade D- or above. If he/she does not have a passing grade in one (1) or more classes, he/she will be ineligible to participate for at least one full week in all school activities considered extra-curricular or co-curricular. A week is from Monday until the following Sunday. If they are not passing after one week, they will be ineligible an additional week. They will only be eligible when they have a passing grade. The student-athletes will be eligible the Monday that the grade has been reported as passing. The period of ineligibility will begin the Monday following the report of the failing grade. There are NO exceptions to this policy.

If a student-athlete is ineligible, they are expected to participate in practice, but will not participate in after school events. They will not be allowed to travel with the team to away contests or sit on the bench for any contests.

The principal will be responsible for providing the Athletic Director with a list of the students failing courses and notifying the students of their ineligibility. The Principal will provide an updated list weekly on the status of the students' eligibility that will be distributed to the teachers and directors of the activities.

**Co-curricular activities include the following: *\*Band, Yearbook, and Choir\****, School play, Class Officers, FCCLA, FFA, Flag Corps, Jazz Band, Vocal Jazz, Rodeo Club, National Honor Society, Oral Interp, One-Act Play, Student Council, & Robotics

**Band, Yearbook, & Choir do not fall under this policy** since students receive a transcript grade for these courses. Eligibility for participation at events as a graded part of each course will be handled on a case-by-case basis at the discretion and cooperation of the band/vocal advisor, athletic director, and high school principal

***The South Dakota High School Activities Association sets minimum requirements for all students in the state to participate in state sanctioned activities. A student must pass four courses in the prior semester, or they will be ineligible for the entire semester that comes next.***

## **SDHSAA Eligibility Requirements**

The following eligibility requirements set by the SDHSAA must be met before any student can participate in the school interscholastic athletic program. Coaches should know these and discuss them with all members of their team.

### **YOU ARE NOT ELIGIBLE IF:**

1. You have reached your 20<sup>th</sup> birthday
2. You have attended more than four (4) first semesters and four (4) second semesters of school (any total of eight (8)) in grades nine (9) through twelve (12). Enrollment in school for 15 school days or participation in an inter-school contest shall constitute a semester.
3. You are not passing in four (4) academic classes for and during the previous semester. You will remain ineligible for the entire semester
4. You have graduated from a regular four (4) year high school or institution of equivalent rank
5. You have not enrolled by the 16<sup>th</sup> school day of the current semester. Date of regular entry into classes is considered the date of enrollment
6. You have been absent from school more than ten consecutive school days. (Illness or death in the family is accepted).
7. You have transferred from one high school to another without a corresponding change in the residence of your parents
8. You do not have on file in the principal's office a signed physical examination and parent(s) permit form
9. You have ever participated in an athletic contest under an assumed name
10. You have ever participated in athletics in any institution of higher rank than a standard secondary school
11. You have violated your amateur standing (Accepting monetary awards beyond limitations established by the SDHSAA)
12. You are a member of an independent or non-high school team in a sport during the high school season in that same sport

**NOTE:** There are exceptions to the above rules. Consult with your coach, athletic director, or principal if any questions arise.



# Absence Policy

## Absences / Attendance Policy

When a student is absent, a phone call from a parent or guardian must be received at the school, or a written statement signed by the parent or guardian must be delivered to the principal's office before the absence occurs or immediately upon return to the school: (School office number is 605-853-2455)

- The school must be notified of a student's absence by the parent (or guardian). This pertains to all students regardless of age. **A student must be in classes all day the day of an extra-curricular or co-curricular activity to participate in the activity unless the student has been excused through the high school office. The student is also expected to be in school the day after an activity. Violation may result in exclusion from the next contest.**
- If a student has become ill, he/she must get permission from the principal's office to go home. Parents will be contacted, and students must sign out before they are allowed to leave.
- Pre-excused absences are permitted for certain occasions, such as out-of-town appointments. To obtain such an excuse, written permission, or a notification by a parent (or guardian) must be presented to the office.

Pre-arranged activity assignment sheets will be provided to students participating in school activities (sports, clubs, organizations, etc.) prior to their designated excused date. The assignments, including all incomplete work in a class, must be completed, signed by the teacher, and handed into the office prior to leaving for the school activity. **If you do not turn in the activity sheet, you DO NOT GO.\***

## Suspensions from school

In school suspension will require the student to be in attendance from 8:26am – 3:40pm. The student will be required to complete all class work for the day and can receive full credit for this work. In addition to being isolated from classes, students serving in-school suspension will be expected to participate in practice that day but will not participate in after school events. They will not be allowed to travel to away contests or sit on the bench for any contests.

Students serving **out of school suspension** will not be allowed to participate in school events (games, events, or practices) as either a participant or as a spectator.

## Activity Training Rules

The Miller School District believes that it is important for our student-athletes to understand the significance of being able to compete as a representative of the Miller Rustlers and refrain from any activity that is considered illegal by the criminal justice system. These activities include, but are not limited to, the use, possession of, or attempt to purchase alcohol, tobacco, vaping devices, nicotine and nicotine delivery devices, and all other illegal substances by a minor as well as refraining from committing crimes against a person or property. The expectation that student/athletes will refrain from the use of illegal substances and participating in illegal activities does not just apply to a season or sport, rather, student/athletes are expected to follow these training rules throughout the course of an entire school year. An entire school year, for all students, is defined as beginning with the start of practice in the fall and concluding at midnight on the day of the last school-sponsored activity of the year. Please note that there are NO times during the school year, outlined above, when using alcohol, tobacco, vaping devices, nicotine and nicotine delivery devices and illegal drugs or participating in illegal activities are tolerated by the Miller School District.

The Athletic Director and Principal will investigate infractions and will consider the individual, other students, parents, community members, and law enforcement as acceptable sources of information. It is important to note, that due to the sensitive nature of these infractions and the seriousness of the penalties enforced, the school can only enforce penalties if at least one of the following standards is met for the final determination of guilt:

1. Admission of guilt by the student in question
2. Admission by parent or guardian of the student in questions as to their guilt
3. Obtained evidence of an infraction
4. Citation by law enforcement agency
5. Enrollment into a court approved diversion program

**Self-Report** – Any student that self-reports a violation will have their penalty reduced by one-half (1/2). An admission of guilt is considered a self-report if the student initiates the reporting of the incident and if the incident is reported to the Athletic Director or Principal within 24 hours of the infraction. A self-report would only apply if the student admitted to consuming, possessing, or attempting to purchase alcohol, tobacco using, vaping, or possessing a nicotine delivery device, or committing crimes against a person or property. If the athlete does not admit to an infraction and it is later determined that the athlete did indeed commit one of the infractions listed above, the self-report would be considered invalid, and the athlete would face the full extent of the penalty.

**First Offense** – If a student is found to have used, possessed, or attempted to purchase tobacco, nicotine, vaping, alcoholic beverages, or any other type of illegal substances or committed a crime against a person or property during the time period outline above, the following penalties will be enforced:

Activity	No Self-Report	With Self-Report
Football	2 Games	1 Game
Girls & Boys Cross Country	2 Meets	1 Meet
Volleyball	4 Matches	2 Matches
Wrestling	2 Meets	1 Meet
Girls & Boys Basketball	4 Games	2 Games
Girls & Boys Track & Field	2 Meets	1 Meet
Girls & Boys Golf	2 Meets	1 Meet
Cheerleading	Same as the sport	Same as the sport

If it is determined that the student is guilty of the infraction, they will not compete in any varsity or sub-varsity contest covered during this time frame. Please note that the suspension will be applied to varsity events. Sub-varsity events cannot be substituted to lessen the length of a suspension.

During the time that the athletes are serving their penalty, they are expected to participate in practice that day but will not participate in after school events. They will not be allowed to travel to away contests or sit on the bench for any contests.

If the student-athlete uses/posses, or attempts to purchase an illegal substance, or commits a crime against a person or property during the school year while they are not participating in a sport, the punishment will carry-over into the next sports season or next school year if necessary. The Athletic Director will determine the minimum penalty if the penalty cannot be served in any one sport season. (ex. If caught during football season, and there is only one football game remaining, the student-athlete will miss two basketball games also)

The superintendent has the final say on all matters of punishment and determination of guilt. The parents of the offender(s) and law enforcement will be notified. The student/athlete will not letter in that sport if he/she does not finish the season in good standing.

**Second Offense** – The student-athlete is finished with all athletic contests for the remainder of the year. Parents and law enforcement will be notified. However, if a student-athlete may return to their sport or activity following completion of a state approved addiction class at their own expense. The student/athlete will not letter in the sport he/she is participating in at the time of the second offense.

**Third Offense** – The student-athlete is finished with all contests for the remainder of the year. Parents and law enforcement will be notified.

**Procedures for Suspension of Participants from an Athletic Contest:**

In the event it appears there is a violation the following steps shall be taken immediately:

1. The student will be advised of the concern
2. Allow the student to explain his/her position
3. Notify the parent or guardian of the alleged violation and provide an opportunity for a parent conference with any of the following personnel present: coach/advisor, athletic director, principal, and student. This conference may be used to determine the action taken.
4. The activities director will notify all parties of the decision rendered
5. Punishment will begin the date the guilty decision is rendered
6. The decision may be appealed to the superintendent

**Co-Curricular Self-Report Policies**

<b>Activity</b>	<b>No Self-Report</b>	<b>Self-Report</b>
Jazz Band/Vocal Jazz	10 School Days	5 School Days
One Act/School Play	10 School Days	5 School Days
All-State Band/Choir/Orchestra	10 School Days	5 School Days
Student Council	10 School Days	5 School Days
Oral Interp	10 School Days	5 School Days
Robotics	10 School Days	5 School Days
FFA	10 School Days	5 School Days
FCCLA	10 School Days	5 School Days

# **SDHSAA and SDCL Policy Regarding Drugs and Marijuana**

## **Suspension from Extra-curricular activities for use or possession of controlled substances or marijuana:**

The information listed below is a summary of the regulations outlined in the following state statutes:

- SDCL 13-32-9; SDCL 13-32-9.1; SDCL 13.32.9.2 \*Please note that it is the statutes and not the summary that will be used when implementing consequences for all violations\*

Any student that has any form of court ordered consequences for possession, use or distribution of controlled drugs, substances or marijuana or ingesting, inhaling or otherwise taking into the body any substance prohibited by SDCL 22-42-15 will be subject to the following punishment under South Dakota Law:

### **Suspension from all extracurricular activities sponsored by the SDHSAA for a period of one (1) year**

For a first offense, a student can have their suspension reduced to thirty (30) days by petitioning the school board and completing an assessment with a certified and licensed addiction counselor. If the assessment indicates a higher level of care required, then that must be completed before the reduction to the suspension is applied. For a second offense, a student can petition the school board for a reduction of the one-year suspension to sixty (60) days if they complete an intensive prevention or treatment program and provide proof of completion. A third offense results in a permanent suspension from all SDHSAA extracurricular events for the remainder of their school career.

As per SDCL 13-32-9.2 – any suspension that is imposed for the above listed violation a student must miss a minimum of two (2) SDHSAA sanctioned events for the first violation and six (6) events for a second violation regardless of whether the suspension is reduced or not. This means that a student's suspension could last longer than the required number of days to meet the criteria. Students must remain an active participant on the team and complete the entire season for the minimum number of events required to apply to the given season and any attempt to bypass the rules by quitting a team could result in the suspension upheld for the entire (1) year. Suspensions not completed within one season will carry over to the next and suspensions not completed in one school year will carry over to the next school year.

Start dates for the suspension can begin one of two ways:

1. The day following a notification by the Unified Judicial System that a student received a court ordered consequence.
2. The day following a self-report by the student, with a parent or guardian present, to a school administrator. NOTE: This option would speed up the penalty by starting the suspension earlier

Nothing in this policy shall relieve the school district from complying with any other state law, including the requirements set forth in SDCL 13-32-9.

## Chain-of-Command-Athlete/Parent Concerns

In order to ensure a fair appeal process for everyone involved, any concerns by athletes or parents – other than legal or ethical concerns – should go through the proper chain-of-command and be brought to the head coach by the athlete first. If the issue is not resolved AFTER speaking with the head coach then it can move through the chain of command by the individual voicing the concern. The chain of command is as follows:

**\*The 24-Hour Rule should be applied to chain-of-command situations\***

1. Head Coach or Advisor
2. Athletic Director
3. High School Principal
4. Superintendent
5. School Board

Each level has the authority to hear and decide an appeal from the level above it. Jumping the chain-of-command may hinder the opportunity for the next level to fairly hear an appeal and make a decision. Concerns with assistant coaches can be brought to the head coach and do not need to start with the assistant to maintain the integrity of the process. Legal and ethical concerns can be brought to the Activities Director.

## Transporting Athletes to/from Events

All participants **must ride the bus or van to and from an event unless arrangements are made with the coach**. Cheerleaders may ride with the team unless the cheer coach and athletic director arrange other school transportation. Miller School District strongly encourages all participants to ride home with the team as we consider this a vital part of the team building experience.

If a student is not going to ride the bus home, they may only leave with a parent/legal guardian and the parent/legal guardian must be physically present at the event to sign the student out. **NO STUDENT CAN LEAVE AN EVENT WITHOUT CHECKING OUT WITH THE HEAD COACH.**

*The Activities Director has the ability to amend these expectations in emergency situations.*

## General Criteria for all Miller School District Athletic Programs

1. Student-athletes must attend all practices, meets or games unless excused by the head coach
2. Student-athletes will abide by the rest of the policies in the Athletic Handbook
3. Students will finish the season in good standing to be eligible for a letter that season
4. Student-athletes will cooperate with coaches and their respective teams
5. In case of illness or injury, the coaching staff will take into consideration the circumstances and use their own discretion
6. Student-athletes that have participated for four (4) years and fulfilled all the other requirements and have not yet lettered, will earn a letter for loyal service

## **Social Media Guidelines**

The Miller Activities recognizes its student-athletes' rights to freedom of speech, expression, and association, including the use of social networks. All student-athletes must remember that they represent the Miller School District, and are expected to portray themselves, their team, and the Miller Athletic Department, in a positive manner at all times.

If you participate on a social networking site:

- Everything you post is public information. Texts and photos are out of your control once placed online.
- Use caution when adding or inviting friends.
- Limit information about your location or plans.
- Use of disrespectful comments and behavior online will not be tolerated by the Miller Athletic Department. This includes but is not limited to:
  - Comments or photos that depict unlawful or prohibited conduct.
  - Derogatory, defamatory, harassing, or discriminatory posts related to teammates, opponents, coach or coaching staff, officials or the Miller Athletic Department, that will adversely affect team chemistry.
  - Comments that create a serious danger to the safety of another person or that constitute a credible threat of emotional or physical injury to another person.

**Situations involving any of the above activity will result in a meeting with the Athlete, Parents, Coach, Principal, and Athletic Director. The results of that meeting could range from just having a meeting to different levels of suspension. Those involved in the decision will be the Coach and Administration.**

**This applies to all athletes in the Miller School District playing on school sponsored teams in grades 7-12. It is in effect for from the first sports practice of the year through the final sporting event of year. All penalties will be administered during the sport that has been adversely affected.**

## **Return to Play Policy**

The Miller School District and Athletic Director agree that a certified licensed athletic trainer, medical doctor, chiropractor, or physical therapist will be authorized to allow an athlete to return to either practice or competition after a head injury. If there is any possibility of a concussion, A certified licensed professional will error on the side of caution and the athlete will not return to competition.

The signatures of parents/guardians, head coaches, and school administrators on our form is simply to acknowledge their awareness of the decision by our previously mentioned health care professionals.

**\*Return to competition sheets may be picked up in the high school office\***

## **Pre-Participation Requirements**

Prior to participating to any extent (practice, games, tournaments, etc.) the following requirements must be fulfilled by student-athletes:

- Physical Exam – To be completed **ANNUALLY** and turned into the office prior to participating in an activity
  - o Physical forms can be picked up at the office or found on the SDHSAA website
  - o Physicals for the ensuing school year must be completed after April 1<sup>st</sup>
- Impact Testing – To be completed **ANNUALLY** prior to participating in an activity
  - o The athletic director will provide the necessary materials to complete Impact Testing
- Athletic Handbook signed and turned into the office

# Handbook Signature Page for Student & Parent



**Warning:** Due to the nature of the athletic events, it is possible for a student-athlete to be injured during practice and/or games. It is the duty of the coaching staff to provide instruction, discipline, and conditioning to minimize the possibility of injury. However, the possibility of injury exists.

**Consent for Medical Treatment:** We, (Mother, Father, Legal Guardian, and Athlete) hereby consent to any medical services that may be required by the undersigned athlete while under the supervision of an employee of the Miller School District #29-4 and we hereby appoint said employee to act on our behalf in securing necessary medical service from any duly licensed medical provider.

Parent Signature: \_\_\_\_\_

Student/Athlete Signature: \_\_\_\_\_

**Approval of Rules & Regulations:** By signing this page we acknowledge that we have read and understand all rules, regulation and penalties set forth in the Miller School District Athletic Handbook and agree to abide by all rules and regulations set within. Furthermore, we understand that a violation of rules and regulations may cause penalties to be enforced that could result in loss of participation in school sponsored activities and events.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student-Athlete Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**2022-2023 Academic School Year**

**PLEASE RETURN THIS BACK PAGE TO YOUR COACH OR THE HIGH SCHOOL OFFICE**