

GIRLS CSDC RECORDS

UPDATED 5/1/12

<u>EVENT</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
100 M Dash	Kelly Schaaf	Miller	12.33 Prelims	1987
200 M Dash	Shirley Istas	Miller	25.12 Prelims	1987
400 M Dash	Erica Schroeder	Miller	58.78	1999
800 M Run	Mary Zastrow	Highmore	2:22.7	1986
1600 M Run	Mary Sutera	Sully Buttes	5:22.0	1979
3200 M Run	Ashley Mueller	Chamberlain	12:03.1	1993
100 M Hurdles	Rhonda Sheffield	Highmore	15.23	1997
300 M Hurdles	Rhonda Sheffield	Highmore	46.77	1997
400 M Relay	Deb Hanson Billie Elliott Lorilynn Campbell Teri Werdel	Miller	51.1	1990
800 M Relay	Kelly Schaaf Paula Letsche Tammy Danburg Shirley Istas	Miller	1:47.4	1987
1600 M Relay	Mary Beth Hofer VeaBea Vourk Sharon Foth Mary Sutera	Sully Buttes	4:11.2	1978
3200 M Relay	Members Unknown	Chamberlain	10:06.8	2004
Medley Relay	Trisha Buebel Sandy Mentzer Tammy Mentzer Karen Koistinen	Wessington Springs	4:28.1	1979
Shot Put	J Parmely	Miller	38' 10.5"	2010
Discus	Dani Danburg	Miller	132' 8.5"	2007
High Jump	Sami Knecht	Faulkton	5' 5"	2011
Long Jump	Kylee Lamb	Sully Buttes	16' 2"	2007
Triple Jump	Heather Schilder	Faulkton	35' 3.25"	2006
Pole Vault	Calley Worth	Gettysburg	10' 3"	2009